## Nancy transcript #11 (3-1-2011)

Key topics: Middle East, hips and arthritis, America, California and debt

Nancy: This is a class where you ask questions and I answer them.

Other: The turmoil in the Middle East....

Nancy: The Middle East for a long time has been a kind of cradle for religion. All the gods and goddesses come from there. That is being uprooted right now because people are changing rapidly. That area will be the first to expand and spread. They are doing that with not as much violence as there used to be. We need to recognize that. I call that a global element. We will see a global change in humanity in the next 50 years, and much of it begins in the Middle East.

Other: Will Al Qaeda calm down?

Nancy: I don't know that it will calm down.

Other: There is a concern about so many cells of the Islamic religion going to other countries.

Nancy: But that is what we have always done. People travel and establish themselves in new areas. That's nothing new. The Islamic leaders try to convince their people how to live their lives just like people in Washington try to convince us of better ways to live ours. It's just another language, another purpose.

Other: relates accident to left foot

Nancy: The left foot is the leading foot. The right foot responds. (Watch the military; they step out with the left foot.) The left foot is spiritual; the right foot is manifested.

Almost everyone now is feeling a need to change. Some do it externally; others do it internally. Everyone handles it differently. For example, the educational system needs a lot of change. It is happening. We have to let it break down before we can do anything about it.

Other: What is pain in left hip?

Nancy: If you injured your body before, it is still healing.

Other: Then there is no message in it?

Nancy: There is always a message. You want to heal it first and then get the message.

Other: Can you heal arthritis?

Nancy: Yes, you can heal arthritis. You can heal anything you want to. But you have to do it, and that involves a lot of discipline. Most people are not capable of doing that.

Other: If California is green, and the United States is green, how are they balancing?

Nancy: They are both in debt.

Other: Are you saying they will always be in debt?

Nancy: No, that's the negative part. They will also always have money. They will figure out a way to make it work, even if they have to print more money.

Other: Is debt an illusion?

Nancy: No, most people think they can afford it. Most people think they will honestly get it worked out. It will just take a little while.

Other: How do you know when a change is right?

Nancy: You feel good. That is a thing we will never give up. How we feel with our feelings. No matter how much we change, our feelings will evaluate the change for us. Good or bad.

Other: Where do fear and anger reside? The ego or the mental?

Nancy: Both and also in the body.