

Nancy transcript # 1 4-7-2009

Key topics: Color and life colors

Nancy: Today I prefer that you ask questions about color. Anything about color.

Other: Can you remind us of the color spectrum as it relates to life colors?

Nancy: There are four sections: the physical colors (Magenta, Red, Pink, Orange, and Lavender). These life colors do not come in any more. Then we have the mental colors. By the way, I am talking basically life colors right now. The mental life colors are Tan, Yellow, and Green. Then there are the spiritual colors: Blue, Violet, and Indigo. We also used to have what I call the floater category: Crystal. That color was outside the spectrum. They were reflecting whomever they were with. People stopped selecting that Life Color some years ago.

Other: What does it mean when you say a person is a triple Violet?

Nancy: That means that you have a spiritual purpose, you perceive and project as Violet, you act or react as a Violet. If somebody has a Tan life color, they are more mental than anything. They are very logical and beta- world oriented. The spiritual colors (if someone is a Violet or Blue) are dreamers basically. They have trouble keeping their feet on the ground. Every spirit goes through the experiences of all the colors many times. There is no set rule and no success or failure about number of lifetimes, etc. But every spirit will eventually want to experience lifetimes with a physical emphasis, lifetimes with a mental emphasis, and ones with spiritual emphasis. A spirit chooses the environment he or she will be born into that will provide the greatest likelihood of the experiences he needs. Again, there is no set rule.

It is true that the colors are hierarchical in nature. That is the nature of the color spectrum with red being the lowest vibratory frequency and violet being the highest vibratory frequency. The life colors are also hierarchical in that most spirits complete the physical colors before moving into the mental colors and then on to the spiritual ones. But it is important to remember that after a number of lifetimes, a spirit can review a color that he or she has done before, or he can repeat a color he has completed and use those strengths as a tool or simply filling in blank spots in his history. There is no set rule or pattern in the evolution of a spirit. This is true on the other side as well. Sometimes a spirit will remain on the other side to study, rest, or simply wait. Sometimes a spirit chooses to return to the Earth plane to work on or work out something he or she wants to experience. There is no rule. There is freedom of choice for all spirits.

Other: When you change colors, do you always change "up?"

Nancy: Not necessarily. I don't think of it as an "up" thing. Moving through the colors is just a process, not a spiritual hierarchy. There are many Reds who are more experienced and more spiritual than the Violets. The REAL TRUTH is not about what color everyone is. The REAL TRUTH is what am I? What is **my** evolution? What do I need to do / be right now? Picking a life color for a lifetime is similar to picking out an outfit to wear today? We ask, "what should I wear today to enhance what I need to do today?" I am not my outfit. I am not the color I wear today. I am not my life color in this life. I am my SELF. All the rest are simply choices that may last briefly or (in the case of a life color) one lifetime to assist my spirit in its evolution. No more, no less.

Other: Personal questions about their own colors.

Nancy: The Violet always has a critical eye. It always looks for what is wrong. The Violet has already performed all the colors. A person with a Violet life color is here on a review. His or her task is to touch lightly and move on, just reviewing life and its experiences. They do that review in this life according to their environmental training that their parents established. It is not just a stamped out process. Each Violet has a different environmental training: religion, education, values, belief structures, childhood experiences, etc. That makes each one unique. It depends on how you were taught to respond to what you are. Most of us are limited in being what we are as a child. Parents were afraid we would get hurt. Parents were afraid we would make mistakes. Parents were afraid we would do something wrong, so we got restricted and told what not to do. As an adult, we have to clean up that file cabinet that has been stuffed with all the "don'ts" and "do's." That is how we reach maturity as we learn who we really are and what we don't "have to" do anymore.

Other: personal question about Tans

Nancy: The Tan's whole process ends at age 61. Tans want to be the best. At age 61, when they are complete, they become more relaxed, more likeable, and less bossy. Tan is the male counterpart to the Blue. Where the Blue nurtures, the Tan controls because he has set rules and set processes. A Tan has three identity times: 29-31 where he decides whether he will be a success or a failure, even if he is already the best in town. The second is 43-47, his mid-life crisis, when he will decide what he didn't do, should have done, etc. The last one is 56-60. If he has not done his lesson correctly, he will have a heart attack and doesn't make it. If he makes it to 61, then he is done. Usually there is a great personality change. They get kind, relaxed, flexible. As a father, the Tan is too controlling. But after 61, he becomes a "grandpa" and is the best.

Other: Do Indigos change their colors?

Nancy: Changing a life color used to be very rare. On the whole a person experiences a life color for their entire lifetime. I usually call it the "cradle to grave" color. However, in the current time of change and chaos, there are some individuals who are changing their life color. The physical colors are rapidly disappearing, and some other adults choose to change their color to meet the differentness of technology and today's world. The "old establishment" is fading away. They are either mellowing out or learning to work with the technology of the times. The Indigos are coming into their time, while the rest of us are going out of ours.

The Indigos are just now beginning to get a new awareness of themselves. All Indigos will do this. Half of them have come to tear down a system. The other half has come to build one. Which one are you? Sometimes you have to tear down in order to build. Hopefully your intention is to build.

Other: Is one's intention a part of the person? Does it come in with each person?

Nancy: Yes, you have a table of contents with you for your life. You have that with you. You have a basic sense of self when you come in. You know right or wrong. Sometimes the authorities around you will tell you something that you know just is not right for you because it does not match your concept of right or wrong. For example, you have a certain belief structure about who you are. Someone tells you that's wrong. And you know better. Are you going to change because they tell you to, and be lost, or are you going to stand up for who you are and be that person? That's a tough one. We all go through that from time to time.

Other: Does the person who comes to create a Hell have that as part of his table of contents?

Nancy: Yes, that's something we have a lot of trouble comprehending. That they have their job just as much as we who think we are good. Culturally we are not trained to accept that what we call "bad" things also have a purpose and a pattern.

Other: What about the predator? Is that their intention? Or is it karma?

Nancy: I can't judge it. It is not for us to judge. It is for us to accept. We aren't close enough to perfection to be able to judge another person's story. We don't see their whole story.

Other: We get our table of contents.....

Nancy: Think of it as going to college. When we sign up for classes at college, we get the material and a syllabus. All we have to do is read it, do the homework, and take the test.

Other: Do we still have free will?

Nancy: Yes, we can put our course of study aside until the very last second and then do it. We can put it off entirely, but then we will choose to come back and do it again.

Other: What about the one who comes to destroy? Does he or she still have free will?

Nancy: Yes, if their environmental training supports it. But if they came to be a destroyer and decided not to, then they would have to totally change their process. Usually people do not change that much.

Other: Is there a certain age when you have learned most of what you wanted to?

Nancy: I think that once you came in to do what you wanted to do, you know because you don't feel a need to do anything. You feel at peace within yourself. I see a lot of older people like that. They just take things for what they are and move on. They don't get too upset with anything. If you read in the Bible, Ecclesiastes: 12, it is in my opinion one of the most beautiful analogies of growing older. It is well worth reading if you can interpret the language. It talks about trembling, being bent over, losing one's teeth, etc. It's a wonderful chapter on growing old and dying.

Other: How do you know when you should keep trying to change yourself or adapt to change, and when to give up and walk away?

Nancy: You keep trying. Almost everyone knows when a thing isn't going to change, and you have to just walk away. Sometimes you have to say, "What do I need to do now? What are my options?" You have to know when to talk and when to walk. When is it best to communicate with the other guy, or when to say, "you're ok, I'm ok, but I'm out of here." {That's a Yellow statement, by the way.}

Other: How much of our purpose here is our own issues (lessons/ purpose), and how much is our task to contribute to the big picture?

Nancy: 50/50. Our process is to work out ours and to contribute to others. If you are working on yours, then anyone else on that path will be affected. Positively or negatively.

Other: Do we ever get to be completely authentic?

Nancy: I doubt we'll ever get to that point, but we'll come a long way.

Other: Does a Crystal ever get to be authentic?

Nancy: A Crystal is always a mirror. The key is to learn detachment. To be there but not in it. That's a very difficult process – to always be the observer.

Other: What happens to the Crystal when people don't want to learn? It seems to me like people take a dislike to me.

Nancy: They don't dislike you. They dislike themselves, and they see themselves in your mirror. It is difficult to detach because our humanness wants to be accepted and nurtured. We have difficulty being detached.

Other: Have the Crystals done all the colors?

Nancy: Yes. Crystal encompasses all the other colors. Even Indigo. They know the Indigo material. Crystals absorb it as it comes in.

Other: Can you go through each color briefly and describe each color's needs and wants?

Nancy: Their needs and wants are as varied as environmental training. You can't just say one blanket statement. Yes, simplistically, Blues need to nurture others, not necessarily be nurtured. The Violet is a charmer; they don't have to do anything. Their biggest lesson is learning to be. The Tan has to give up control. Even as children, they are / want to be in control. Now they have to give that up.

Time is also going feminine so there are more feminine colors coming in.

In 2020 we will enter the Indigo Age which will be more androgynous. It will be less feminine, less masculine, and more balanced and equalized.

Other: How was it before now?

Nancy: 50 years ago it was "big man, little woman." The man was in charge across the board in consciousness. When I was 18, if I was not married, something was wrong with me. My job was to get married. It is true that today we are reaping the results of that. Time is allowing us to be freer, and we don't have to be married if we don't want to. But some of us in the middle (both women and men) don't have the environmental training to know how to deal with it. The women either can't allow themselves the freedom or can't get rid of the training that said it was wrong to be unmarried. The men can't get rid of the training that says they should be in charge, or they can't trust a woman who seems free, or they don't know how to allow a woman to be free. We are coming into a time where there won't be such a conflict between man and woman.

When I was a girl, sports were for boys. We could do tennis or a few things, but we couldn't play baseball, etc. Today, anything a man can do a woman can do also. That is a beautiful thing. It comes with a price, but I think it's worth it.

In the future if you want to be feminine and taken care of, you might be disappointed.

Other: Can you define the difference between speaking from intelligence and speaking from wisdom?

Nancy: I can learn to talk and it may sound intelligent. But if I have wisdom, it can sound both.

Other: Can you have wisdom without intelligence?

Nancy: Yes, you can. It's called naiveté. Innocence.

Other: Can you explain more about what the Indigos are going through?

Nancy: Yes, This is 2009. I started noticing the Indigo life color around babies in the late 1960's and early 1970's. At first it was just a trickle – a random baby in the crowd or pre-school. Over the next couple of decades the trickle increased until there were 5 % of all babies born and then 10%. By 2000, the percentage around the globe had increased gradually, until today most babies born are Indigo. In those early years, the Indigo patterns were nowhere close to being established so the early Indigos had to rely on their physical and mental colors to serve as a baseline for their life. That is now dropping away. So there are many adult Indigos who feel lost or confused as they work their way into their "real" purpose or focus for their life. They will begin to question (and sometimes discard) many of the ritualistic elements they previously acquired about their basic value system.

I find it fascinating to watch Obama (an Indigo) and am quite impressed with his ability to bring ideas out from everyone. I wonder how much he sleeps at night with all the different things going on around him. It is amazing how well Europe has accepted him. You see his wife getting as much credit as he does. She is a Blue. He is going through a lot of changes in the next three years. Some will relate to himself personally. Many changes will relate to himself professionally. It is a huge challenge for him. He has a gift that a lot of Indigos have which is the ability to make clear statements.

Hillary Clinton is a triple Blue.

Other: What are the other colors doing right now?

Nancy: Yellows – depends on their age and their position. The Yellow lesson is to learn how to be with themselves as well as others.

Other: Don't they like being by themselves?

Nancy: Yellows like their alone time. But they also can be very social. There is a very big difference when they are out in the world vs. when they are home with family. They are much more introverted at home and move into performance in public.

The Yellow and the Violet are like opposite twins. They have the same kind of strength. The same stubbornness. The Yellow is just more performance. The Violet will let other people do it. The Yellow says, "I will do it myself."

Other: You said something about phasing into another dimension. What does that mean?

Nancy: In the evolution of man, we had the first dimension which was organic and cellular. The 2nd dimension which was more physical and primal. Everything was done by the muscle of man. We are now finishing the 3rd dimension where the mental and the physical come together. I call it "political." We are learning the futility of war. Any process has to be negotiated. We are leaving that, which means that there is a kind of death in the present. What used to be is dying. What will be has not rebirthed yet to the new process. The 4th dimension is about being. Not thinking and perceiving and practicing. Just being.

Other: Can you talk more about that?

Nancy: It's hard to shape into words. The words themselves make the definition inaccurate. One of the reasons that yoga and other physical / mental exercises are popular is that meditation and similar disciplines are a type of practicing "being." It will take a hundred or hundreds of years for the consciousness of mankind to phase into the 4th dimension. Yes, we can say, "this is the end of the 3^d dimension." "Yes, this is the beginning of the 4th dimension." But there is a vast space of time for the transition where there will be more questions than answers. And then we become aware. Time must always come first. And then we wake up one morning and say, "things are different."

Other: Is the human body also changing because of the change from one dimension to another?

Nancy: Yes. You will begin to see a lot of people live to be well over a hundred.

Other: What is the best way to go along with that change?

Nancy: Indigos will lead the way.

Other: How can we learn to define ourselves as other than our personal history?

Nancy: The important thing is learning to be who you ARE, not what you want to be or who you were.

Other: When did the 3^d dimension start?

Nancy: 1700's.

Other: Do species of animals have a basic color? Like whales?

Nancy: Whales are blue. Water animals are blue. Dogs are yellow or tan. Sometimes they even take on their owners' colors. Most domestic animals will do that. Cats will do it in a healing way. Dogs will do it in a protecting way.