

Nancy transcript #2 11-13-2007

Key topics: Indigos, the mind/body paradigm, changing times, the 4th dimension, doing vs. being, religion vs. spirituality, some politics and world situations

Nancy: This is a question and answer class. You ask the question, and I give you the answer. That way I know what to talk about.

Other: What about giving Ritalin to children?

Nancy: I'm for and against it. We need to be a little more aware of whether they need it or not. There are some children who do need it. For those who do need it, as they take it, when they get to be 12 or 13, they will stop it automatically because they will have coped with it. I've seen that several times. Those who do not need it will become addicted to other things. We need responsible diagnosticians before it is distributed.

Other: Does it make a difference if the parents have been addicted to something in their life?

Nancy: Yes, some think it's a cure for everything, and others take it away and won't give it to someone even if they need it. A paradox is always in operation. It's a choice factor. No one is perfect. We do a disservice to doctors and medical people when we say they don't know what they are doing. But the truth is that our bodies are changing so rapidly, and from my viewpoint, we are moving from an immune system to an endocrine system. The immune system handles the organs and the muscles in the body; the endocrine system handles the meridians and the chakras.

Other: Can you give an example?

Nancy: For every drug we have in the medical world, we have a holistic treatment for the same thing. It requires discipline; it's not to take a pill, lie down, and you'll get well. Holistic work demands in a mindset that means you believe in it, you're willing to put the time and effort into disciplining yourself in order to get results from it. With medicine, you just want to put a pill in your mouth and all is well. And, ultimately, you do either live or die based on how you make your choices.

Other: question about male and female brains

Nancy: A lot of things are getting recognized that have not been talked about heretofore. We are changing rapidly. Science has proven that children today have a larger frontal cortex than we do. That gives them a more definitive language at a very young age, and they are more specific and more detailed with what they think and feel. A couple of months ago in Science News, there was an article that said that ADHD has a silver lining. We look at it as something very bad, but in reality those children who grow up with ADHD, when they grow up, will be more successful than those we say are healthy. Why? Because they are hyper, and they are hard workers.

Other: Can you discuss that in terms of gender? 80% of those who are given drugs for ADHD are boys. Is that related to interpreting their activity as some kind of problem, when in reality it is more the way they learn?

Nancy: I think we have to realize (and this is just my opinion), that it has always been traditional for us to perceive boys as stronger than girls. That's a big illusion right now. When boys are hyper, they do dramatic things. With Indigo children, if you talk "down" to them, then they get really snippy and will

always act aggressive. Males will act out, and females will do it by crying or playing the victim. That is what society has taught us – that women are victims and men are animals. So we don't have to take care of boys; they can take care of themselves. Girls learn that all they have to do is sit down and cry and daddy will be right there. That is not biological. That's environmental training. It has been proven lately that there is no longer a sport out there that women do not participate in. Heretofore, women have not participated in "mens's" sports. Even boxing. That's because Indigos are androgynous. Girls don't cry anymore except for the Indigo Artist, and she'll always cry or perform. The rest of them – if a guy can do it, so can a girl. And she doesn't ask for sympathy. We are seeing girls looking stronger and more stoic, more "get out of my face" attitude. That will continue to expand.

Other: So is there more of an integration between the masculine and feminine in these children?

Nancy: Yes. They are more into their androgyny. It's not going to be "little woman at home taking care of the dishes and big man out there in the world being the hero." Where you see it most clearly is in the military. In the 50's, women never were front-liners. Today, young women are right up front taking a bullet just like a man, and they like it that way. To me, that is a graduation into true femininity. Women have always been very strong. It is the woman who carries the load when the man can't handle it. But historically, she has only been allowed to do it when the man can't handle it. Indigos are equal in all ways; that's what androgyny is. They have their paradox (masculine and feminine) balanced. The boys can play with dolls, and the girls can play with guns. And the girls can build a house, and the boys can scrub it. There are a lot of men out there who love being Mr. Mom. And his wife is out there being an executive. And there is no stigma attached to that. It's called balance. We have to realize that society is changing. Women are not going to be in the back row watching anymore.

Other: Is this worldwide?

Nancy: Yes, this is worldwide. I have not seen anywhere that it is not happening. Even in 3rd world countries. Women are stepping up. You see more female leaders now than before, politically speaking. That is a signal to us that tradition is being revised.

Other: questions about children today

Nancy: They have done a study that in work that when Indigos take a job, they want to talk to the CEO. Managers don't impress them. And they want to quit at five o'clock whether the job is done or not. They want their vacation on time. And they want to converse with the CEO any time or they are ready to quit. So they are very precise. They are their own authority. They are keeping their view. They like to make their own choice. They are global; they love to travel. They do not value career as much as we do. They value personal connections and accomplishments. A lot of that is natural for generations. Many of the people today who are ready for the work force were raised in a family where they had no value system. Both parents were working and both parents were busy. They turned them over to the school. The school taught them to lie, cheat, and steal, and a lot of things were overlooked. Their value system was changed in many ways. They are not interested in who you are or were. They are interested in who they want to be.

Other: question about older men and women (not Indigo) today breaking through work and social barriers like the Indigos are.

Nancy: You have to understand that every generation and change has collateral damage attached to it. There is a reaction to the whole rather than each individual. A lot of people in that generation of Yuppies are depressed, sick because they were taught if they were sick, they were forgiven. A lot of diseases

came out of that. That is what I call collateral damage. It's just like a war. There are innocent people who die in war territory.

Other: What is going on with Turkey, Afghanistan, etc?

Nancy: I think that what we are doing (and this is an unpopular belief structure) is that we are in the process of watching religion die so that spirituality can rebirth. That area will get worse and worse until we can learn from it. Remember that Iraq is our New Testament. Everything that took place in the New Testament is in the territory we call Iraq. Mesopotamia, the Euphrates River, different towns, etc. Jerusalem was not the Christians. Jerusalem was Judaic.

Other: What about Palestine and the Muslim problem?

Nancy: That is a battle that has been going on for 5800 years. The end result is closer than you think, and I think it will bring harmony amongst the people. And we will open up our consciousness to the law of acceptance rather than the law of judgment or resistance. There are a lot of people in those countries who are very quiet and peaceful. We just don't hear about them. That area is in a changing state: not good and not bad. What are WE going to do about it? We are in an escalation. We haven't quite reached the peak.

Other: What do we have to get out of there?

Nancy: I learned in psychology that if you get 80% of the people going in one direction, the other 20% will follow. That is basically the key. To have the majority want peace. That is one of the things we have to look at philosophically. How many of you really want peace? What are you willing to pay for it? Everything has a price. Are you willing to be peaceful in order to have peace? Think about that. Your peace can't be the only one in town, and everyone else is wrong.

Other: Are we in a building stage?

Nancy: No, we are still in a tearing down stage. And this is the last year for it. That's why 2007 has been a difficult year for most people. 1999 to 2007 is a test time.

Other: What about all the fires burning in San Diego?

Nancy: That is the earth cleaning itself. The Earth is constantly making changes. Some fires are from Nature. Some are from man. But it is always an opportunity for rebirthing.

Other: Pluto is moving into something.

Nancy: I'm not an astrologer. Life is always coming and going.

Other: discussion about Rancho Santa Fe

Nancy: We are in a period where time is changing. Time moves on a 10-year cycle. We are in the 9th year. Next year will be the first year of the next cycle. From 1999 until now, we have been cleaning out things. We have had a lot of endings and a lot of roots for new things that haven't started yet. Next year that starts opening up. The first five of the next cycle sets the stage, and the last five gets the result. From 2008 until 2012, we'll find out what the program is about. From 2012 to 2018, we live it or die. It becomes constructive or destructive, depending on what we do, not what we think. If each of us does our part, we can pray that it got the right vote. We have to learn not to try to change the past in the

present. If it's past, let it ride. Do the present and look for the future. Don't live the future. One of the challenges that the human mind has is that they are "wanna-be's". We are always thinking of the next step instead of enjoying where we are. We are fast running to nowhere. How many of you have been working on past history? A lot of us have been. The key is, can we let it go, or are we going to carry it into the next cycle? That will influence the cycle. What I hope you learn to do is really evaluate where you are, what your options are, and what you intend to do about it. That's what New Year's Resolutions have always been in the past. But somewhere along the way, it got bastardized. It became what we want it to be, not how we can crystalize our process.

Other: question about a physical soul and a spiritual soul

Nancy: I don't subscribe to two souls, except in two lifetimes. My belief structure is that we have one spirit that is eternal. The spirit is not the soul. The soul is the syllabus that you choose each lifetime to work with or your truth. The physical HAS a soul, but so does the ego, mental, and emotional. This (pointing to diagram on board) is the spirit. There are 5 levels of expression in it. This is spirit. This is mind: conscious or unconscious. The soul is your truth for this picture. The second level is the emotions. The emotions allow you to experience things and operate as the archives for your eternal spirit. Depending on your eternal pattern, everything you do is filed in your spirit. That file is based on fact or fantasy, real or unreal. Fantasy, to me, means that you experience as much through observation as you do through participation. The view is different if you are doing it or watching it being done. The third level is the body which is both conscious and unconscious. The body senses, through the 5 senses which translates the emotions into sensory data. The fourth one is the mental which works through the language of assumptions or perceptions to define what the body prints out. The last, and most important in my book, is the ego. Through the language of feelings, the ego judges or justifies what the mental defines, communicates it to the outside world, then judges or justifies what it lets back into your world from the outside. Once it lets it in, the mental defines the ego, the body prints out the mental, the emotions experience the body, and if it has anything to do with your eternal pattern, it files it for use, or if not, sends it back to the mental to be lost in time. That's my view in a nutshell.

Other: discussion about personal conditions

Nancy: We have only one life on this planet this time. We can only live the life we have. We cannot live for anyone else. We can pray for them, cry for them, but we cannot live for them. If we want freedom, we have to give freedom. I get saddened sometimes by peoples' perception of "partnerships." To me, in a partnership there is joy and happiness and progression. Yes, there is pain, but the pain is even joyous, or the struggle can be entertaining. A lot of people are environmentally trained by their parents to be victims. Girls always marry their father; boys always marry their mother FIRST. Then they wake up. If they change, they wake up. Those are the things we have to look at. Pretend you are writing a biography of your life. Would you like that to be printed into 1000 copies and sitting in the window of the bookstore in your community?

Other: Why do so many people think spirituality requires suffering?

Nancy: Because religion teaches us to judge – what's wrong, not what's right. That was essential for our spirit to get to the spiritual. I'm not making that wrong. Societies that have religious beliefs evolve faster because they are one mind. But it's a STAGE in our development; it's not our development. If we had not had religion, we would not have evolved as far as we have today. It is to the point that today we can understand the THEORY of spirituality. Because we are not there yet. We still think, "I'm more spiritual than you are." That's religion. We are just in the middle of the process. The more we can learn to see

the good in religion and let it go, the closer we get to spirituality. One is an act; one is a being. Religion is an act. Spirituality is a being. It isn't an act of anything. Now, we don't know how to be. We only know how to think about being. Currently we have logic that says, "I think I'm supposed to be spiritual. What am I supposed to DO? Be spiritual." It isn't like that. Both are important because you can't have one without going through the other. For some of you, when your parents gave you your religious training, you said, "I don't want that." And you left your original training. When I taught metaphysics, that was one the first requirements that I did. I made the students go back to the religion of their parents and find what was good in it. Not necessarily live it, but to know where you came from so you'd have a better idea of where you are going. If your parents said you could pick any religion you wanted to, you were lucky.

Other: Can you talk about that 350,000 cycle you said is ending.

Nancy: The one called the 3rd dimension? It is all about thinking. We think and we are. It's political in that we are learning how to be politically correct. The 4th dimension is where you BE. That's what ending is the doing and the thinking and the politics. We are moving into what will be a state of being eventually. What happens when we become a state of being?

Other: class speculation

Nancy: Our bodies will change. We won't be running three miles. What will it be like to BE?

Other: more speculation

Nancy: That's your thought for the week. Do BEING. (laughter)

Nancy: There's nothing to it. You can't DO BEING! Will BEING have time in it? The actuality is that we have no comprehension of what BEING is about or what it involves. We can only respond in terms that imply thinking or doing. We can't even understand the concept of BEING.

Other: Are animals just being?

Nancy: No, they are constantly doing and thinking. And they don't think about us. Well, that's not true. Some animals protect people. Cats are wonderful to do that. They will wrap themselves around a pained place on your body. There are cases of wild animals saving children. Animals are in the doing process. They evolve just like we do. All of Earth is evolving. Earth changes because we are. And we change because the Earth changes.

Other: Is it ok to eat animals?

Nancy: I think we had a time when that was essential. Now that is over. Our body doesn't need that strong a substance any more. We don't need life to have life. That's why technology is developing to meet our needs more than Nature. We no longer need the natural law for our growth. Our bodies will change by giving up "eating life".

Other: Will we give up eating plant life?

Nancy: Well, it's alive. I studied with Cleve Baxter in the 60's.
http://en.wikipedia.org/wiki/Cleve_Backster

He used to connect plants to electrical processes to see how they responded. Quite a class.

There are so many things we don't even think about while trying to be perfect. We try to BE with everything peacefully, and we don't even know what we are talking about.

Other: dolphin stories

Nancy: It's a give and take. There are cases where our food has ecoli (bacteria) because of animal waste in the soil. It's not one way. Nature can destroy us as much as we can destroy it. There are animals that kill people. We don't want to get into," it's a wonderful world we live in." It IS a world we can survive in and learn from. Take the journey. The Earth will always be paradoxical. It will always have a light side, a dark side. A life-giving side, a life-taking side. Your attitude should be to understand what you are experiencing with life. What are you learning? Is it giving you a more healthy existence? Are you happy?

Other: Do you still feel the same way about Obama?

Nancy: I feel sorry for him. I think he's making a big mistake. He doesn't have enough experience to do the job. It depends on what we want. If we want a young, handsome man in there, which is what we usually vote for, then we have inexperience.

Other: What about John Edwards and Hillary Clinton?

Nancy: I will not predict. It's such a changing time. Next year I might predict but not this year. All the candidates have good and bad points. Some of them would be better than others maybe. You can't make absolute statements any more.

Other: Ron Paul

Nancy: I am not familiar with him.

Other: He wants to go back to the way it was with the Founding Fathers.

Nancy: You have to understand that when we had the Founding Fathers, there were a lot less people. And a lot less opportunities and a lot less technology. Less education. Most of them came here from other countries. Most brought their culture with them. At that time they could blend their culture into what was here. We are not in that position any more. We are in a numbers game where numbers nullify what they did in the 13 colonies. In a previous class I read a thing about the fact that democracy only lasts about 200 years. There are 8 steps to go through.

Other: I have a question on non-judgment and complacency. How can you look at situations like animal poaching or killing animals for profit? Is there a way to look at that non-judgmentally?

Nancy: I think there is. You can say, "can I do anything to stop it?" If not, I can pray for it. It's very simple. What I'm hearing you say is that you want someone else to stop doing something or to be punished, and that's making a judgment on your part.

Other: Yes.

Nancy: Are you sure the dolphins don't kill little fish? They think they are doing something worthwhile.

Other: What about the drug cartel smuggling in millions of drugs

Nancy: Someone has to buy it. Someone buys it all. What I want you to think about is that for every right, there is a wrong. Otherwise we couldn't balance. If we didn't have choice, we would be no better

than the animal. In a wide and spiritual sense, there is no better. We are no better than animals. They have their world, and we have ours.

Other: Will we be eating fewer animals?

Nancy: We already are. And we are getting more diseases from what we do eat. There are some people who actually believe we will become breatharians. <http://en.wikipedia.org/wiki/Breatharian>

I don't quite see it myself.

Other: In between that time, what ARE the actual things we will eat?

Nancy: Whatever we eat, it seems wrong. With obesity and things we worry about.

Other: What is the whole obesity thing about? How did we get that way? Is it just fast food?

Nancy: I think there are other contributing factors like emotions. We eat emotionally. Some people don't eat because they are hungry; they eat because they are suffering.

Other: People don't have activity like they used to.

Nancy: That's evolution. Numbers change things. Everybody can't afford a 10-acre farm for their food and drink. We don't have subsistence farms any more. You used to eat what you grew. If you didn't grow it, you didn't eat it. We don't have that process any more. Numbers changed that.

Other: Will we keep getting heavier and heavier, bigger and bigger?

Nancy: Time balances things out. Maybe we are on the up-curve right now. And maybe that's what war is all about. Every era has an end.

Other: You once said that out of China will come a solution. Do you know what that is?

Nancy: It's telling us what not to do.

Other: As the United States stops becoming the "numero uno," will it become China?

Nancy: No. I think it was intended to be that at one time, but it has lost that process.

Other: Who's going to be Number One/

Nancy: We don't know that yet. It is not clear right now.

Other: Indigo personal example and question related to autism

Nancy: There will be more individuals labeled on the autism spectrum. I don't think that's a bad thing. We have to find a way to make it normal and workable.

Other: Would you say more about the Yuppies and sickness and forgiveness?

Nancy: I think all of those things are natural evolutionary processes. It's part of the journey. If you took a walk in the woods, you'd hit rocks, and you'd have to climb over them. That is the result of 50 years of learning or not learning. Each day we expect a little more out of children. There is that part where they haven't come into their own yet. They have certain tools in their system that WE don't know how to

handle yet. Like their brain is different in some ways than others. Research has shown that there is a part of our brain that knows the potential for the future. When you are questioning whether something should or shouldn't be done, you get a hunch. Or you get an experience. We have always had that. But culture taught us not to trust it. So we made it wrong. These children do that naturally, and they don't listen to wrong. They are automatically opening up. Starting next year, we will see rapid changes in education, in technology, in culture. The whole world will do it. It is not a United States process. It will be done on a worldwide basis in the speed that each country is motivated. Some countries are more technical than others; they will be the fastest to evolve. India, which is very technical, will evolve fast. China, I don't think will. China will put a lot of boundaries around their progress. Brazil is a blue country so it will be more nurturing. The US (a green country) will respond to world experiences by economy.

Other: What about crystal children?

Nancy: I have not seen any crystal children.

Other: What will help the Indigos when they start to get their program?

Nancy: Talk to them. Getting them to think and talk about their thoughts and ideas. Listen to them. They need a lot more attention and a lot more participation in doing things their way, not ours. We have a great need to be able to help bring that about. We have a lot of kids in the 20s who are sleeping their life away because nobody is helping them know how to live. That's where we hope we can catch it with children under 10 by giving them games to play that help open them up to us and to their own ideas. Most of us were never taught who we were; we were taught who they wanted us to be. That's the thing that will make the difference in the people and their consciousness. If we can just give them permission to be who they are, even though we may not understand what they communicate to us, we can ask them to explain it. Both sides can work with it.

Other: relates difficulties of personal experience with Indigo child

Nancy: Yes, it is hard to work with the child because you are the mother. But the bottom line is about the Indigos is, you are the mother. Listen to your heart.

Other: lengthy class discussion about the regional fires and pollution

Nancy: As long as we are on the Earth plane, there will always be a paradox: the light side and the dark side.

Other: Do you see next year as better?

Nancy: I see it changing to the better. There are no magical, over-night changes. We are already seeing a change in children and their processes. It will grow gradually. We'd like to wake up in a perfect world. It didn't get degraded in one day; therefore it can't be rebuilt in one day. Thanks for coming.