

Nancy transcript #6 (11-3-2009) (2 tapes)

Key Topics: Aging, Ecclesiastes: 12, appeal of vampire literature

Other: What is the best way to function when the energies are weird?

Nancy: Be good to yourself. Know that if you can't concentrate for any length of time, then stay flexible. If one thing doesn't work, try something else. If a mental task isn't flowing smoothly, then switch to a physical one.

Other: discussion about personal events

Nancy: It's a time for self-preservation. Identifying what IS and what is NOT. This is going on for several more years. I often think about what people on the prairie did. What would they do from one day to the next when they didn't know what each day would bring? They had to deal with rain, sleet, snow, hail, Indians, etc. They just pushed through. We can pretty well write a ticket for a week. They couldn't write one for two hours. Sometimes just pushing through is the best answer. Just keep going.

Other: What determines success?

Nancy: One type of success is in your heart. **Did I do it the best I knew how?** If I did, then I'm happy. What could I do differently next time? That's why I always use the ocean waves as a metaphor for life. If you get one done, another one hits. You have to be a good surfer to get through a life.

Other: Or able to float.

Nancy: The Violet comes in with a critical eye. They look for what's wrong. This time is to test the ones who are closest to finishing. That's always the hardest test. You Violets have completed; you just don't have any rah, rah, rahs coming in. Violets like to say, "where is the applause? I did my number?"

Other: Is the expectation of applause a cultural expectation?

Nancy: Yes. What we need to learn to do is if we expect the rah, rah, rahs, is to dance with yourself. Get up and dance. Stop waiting for someone else to notice you and applaud.

Other: Why is there such a resurgence of fascination with vampires and zombies?

Nancy: I think it's normal because when you bring in one new thing, you have to bring in two new things. One represents the light side and the other represents the dark side. When we get more information about metaphysics on the light side, then we have to get it on the dark side. Because you cannot have one without the other. The key is whether we see it as more dark than light. They (vampires, zombies, etc.) go through the basic thing we do, which is change. We just don't understand their change.

Other: Why is Twilight so big? (general class discussion about the movie *The Reincarnation of Peter Proud*.)

In reincarnation, is it common for people to reincarnate in families in some kind of order, like first you're the father, then the son, etc.?

Nancy: Is not done in any historical balance like that. We have to be aware that someone can look familiar to us that were never with us in any lifetime. It's simply because we are looking at characteristics that we might have experienced before. That can happen to anyone. In dealing with metaphysics, I try very hard to get people not to dream about other lifetimes. Just look at the reality of it. You can have alchemy toward almost anybody, but is that what you want? Is that what you do?

Other: When people die, they are met on the other side like maybe by your parents. But if they have already incarnated, what happens?

Nancy: That soul that you knew is still there. That brings up another thing that I have said. You may be talking to Shakespeare, but he may be back as that 3 year old kid running down the street, and what you're talking to is his file. Edgar Cayce brought that out better than anyone else. You dive into life. Your soul is like a tape recorder. It's a breath activator. When you take your first breath, it turns on and when you take your last breath, it turns off. The data of your life is put in the universal library for anyone who has a need to know. The spirit goes on growing and learning.

Other: So I could be communicating with my grandmother who passed on 30 years ago and she has already reincarnated?

Nancy: Absolutely.

Other: Like holograms?

Nancy: Yes. It is one of the things I tried to do for years – getting people to be more reasonable about the other side – of what you think exists over there. Of how it works and what are the rules over there. It is very easy for people to get romantic because it feels good, and we are romantics, no matter what.

Other: Even on the other side?

Nancy: I think some of them are. That's why they have to come back.

Other: Are there rules on the other side?

Nancy: Of course, there are always rules. Otherwise how do you keep order if you don't have rules? God had to create. He didn't make rules; He just created and said, "Do your thing." WE wrote the book. HE just created the pen and the quill. And that's what one of the things we have to learn. God did not create man. He created. The Lord God made man. In Genesis, it says that God created, but things have not yet been made to grow. And The Lord God had water spring up out of the ground and misted the ground. "The Lord" in early history meant "the law." Nature. I love the Bible. The book I love most is the book of Ecclesiastes. I like chapter 12 on growing old and the changes of life.

Other: discussion about the need for a Bible study or Revelations class.

Nancy: I don't regard the Bible as a book of right or wrong. I look at it as philosophy.(Nancy then gets her Bible and reads Ecclesiastes:12 aloud.) This is a chapter about aging and what it is like. The more you can help others to accept their aging process, the more easily you will handle your own. The key is about learning how to be where you are right now and not try to be 20 at 50. The first mistake people do as they age is to hibernate, to pull away from the family and others.

Other: relates personal experiences with an older relative, class discussion and laughter. What is the purpose or meaning of all this emphasis on fake boobs, facelifts, etc. in today's time? Women have gotten less nurturing and more focused on how they look.

Nancy: It's about the exaggeration that people do today. Symbolically the breasts are the "mother lode." Babies get their nurturing there, but old men do too. That was what kept them alive.

Other: But our society has gotten carried away.

Nancy: It goes through cycles. We had that process where women didn't nurse babies. They had bottles. And then the next cycle was that children couldn't handle the bottle because it was artificial, so women went back to the breast. Now they are in that explosion area where women are over-exaggerating because they think men are sleeping (not paying attention.)

Other: Do you think that's true?

Nancy: I think in some cases there is evidence of that. Some women have relationships that are unreal, and they are trying to create an energy level that they think is sensitive. It doesn't work, as a rule. Breasts are the mother lode of the world. They do it to remind the man they are trying to impress that they (the women) need to be nurtured.

Other: Then there are the other women who are going the other direction like using sports bras to minimize their breasts. .. In the animal kingdom you've got birds and their colors and a variety of things among species to attract a mate. With humans you have women who over-exaggerate their thinness. It's interesting what the "look" of someone is compared to what the "feel" of someone is.

What do men think of women who are small-breasted? (class discussion and laughter)

Nancy: Most people have a picture in their mind of what attracts them.

Other: question about how the Indigos are really moving things forward in clarity about what people really want inside themselves

Nancy: I think we are taking leaps and bounds. Not to do or say or project, but to BE. I see the Indigos being very clear that BEING is their purpose. They will not be focused on appearances. They will be focused on human elements called separatists – being separate on who they are, where they are, and why.